

# AMERICAN KARATE & FITNESS

2 Cape Road - 508-473-5600 • Milford MA 01757

## HOLD HARMLESS AGREEMENT

### PART 1 (required for all students)

In consideration of services provided for \_\_\_\_\_  
*STUDENT (or Guest) NAME*

ADDRESS \_\_\_\_\_  
*Street City State Zip*

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

I hereby agree to indemnify and hold harmless American Karate & Fitness of 2 Cape Road Milford, Massachusetts its assigns, heirs, executors and administrators from any and all claims, demand, rights or causes of action of whatsoever kind or nature, arising from, or by reason of, any and all known or unknown, foreseen bodily or personal injuries, damage to property, and the consequences thereof, which heretofore have been or which hereafter may be sustained as a result of participating as a student or guest at American Karate & Fitness LLC.

**By signing below, you agree to all terms and conditions of this document:**

\_\_\_\_\_  
*Signature of Parent/Legal Guardian or Student 18 or older*

\_\_\_\_\_  
*Print Name Date*

\_\_\_\_\_  
*Address and Phone (if different from above)*

\_\_\_\_\_  
*AMERICAN KARATE & FITNESS, LLC.*

**PART 2** (as needed) **Bring a Buddy Day:** Host name: \_\_\_\_\_

**PART 3** (as needed) **TEMPORARY AUTHORIZATION FOR OFF-SITE ACTIVITY**

*Activity:* \_\_\_\_\_

*Location(s):* \_\_\_\_\_

*Date(s):* \_\_\_\_\_

*Initials:* \_\_\_\_\_ *Date:* \_\_\_\_\_